

LPC Professional Disclosure Statement

Elizabeth Worley, M.Ed. LPC
Flip Counseling/Project Enlightenment, Wake County Public School System
6231 Lookout Loop Raleigh NC 27612
919-389-3950
elizabeth.flip@gmail.com

Qualifications

I received a Master of Education in Counselor Education, 1996 from North Carolina State University. I currently hold the following licenses: NCDPI certificates in grades, 6-12 (Social Studies) education and K-12 School Counseling, License # XXX-XX-5613; LPC, License Number 9465. I have 17 years of counseling experience.

Counseling Background

Services Offered

I serve children and their parents, birth through eighteen years of age. As a private therapist with Flip Counseling, I seek to understand the parent and child relationship and provide therapeutic support to enable the child to function more successfully at home and school. I provide individual counseling with children who are school-aged, five through eighteen. I focus on providing a safe and nurturing environment for my clients, so that they might learn to better cope with emotional, social or behavioral challenges in their lives.

In addition, I provide social skills groups for children age five through twelve. During the summer months, these groups are in the form of a full or half-day camp. During the school year, groups meet for six weeks, one evening a week and are designed around the specific needs of the referred children. Groups have a minimum of four children and a maximum of twelve children, with two adult facilitators at all times.

I also present workshops for parents and educators on a variety of topics for either one or two hours.

As a Teacher Parent Consultant at Project Enlightenment I observe, screen and assess children, consult and collaborate with classroom teachers and other school personnel around the child's need, and consult, collaborate and counsel parents on strategies to support their children. Interventions are short-term, usually lasting for ten to twelve sessions altogether. Besides screening and observing children, I also provide trainings for teachers and parents. Finally, I facilitate a group of preschool parents monthly and provide training for that specific group.

When observing a child in a classroom setting, I spend between two and three hours watching and interacting with the child, making notes about what I observe, as well as impressions about the child, which will be used to formulate strategies. I meet with the child's teacher to learn more about her perspective on the child's strengths and challenges. I make recommendations to the teacher based on my observation and develop an action plan for supporting the teacher in implementing the recommendations. I meet with the child's parents to determine strengths and areas of concern demonstrated in the home setting, complete a developmental and family history survey, set goals for assisting the child and help the parents to process and implement parental recommendations. Should further support for the parents be needed, I make referrals to community agencies for play therapy, family therapy or further assessment for the child.

I administer developmental screening for children aged three to five. The Early Screening Profile assesses a child's cognitive, language, and fine and gross motor skills as compared to other children of the same age. The Preschool Articulation Survey identifies areas of concern with a child's articulation of words and sounds and his connected speech. The child's vision and hearing is always screened and if necessary I will administer a Ages and Stages, Short Sensory Profile, Conner's' Rating Scale, Young Children's Achievement Test, Kaufman Brief Intelligence Test, Preschool Language Scale, Autism Spectrum Rating Scale, or additional screening instruments that may be necessary to gather more information about a child's developmental strengths and areas of concerns. Upon completion of these instruments, I prepare a written report that is shared with the parents, and with parental permission for release, shared with community resources at their request.

Besides the monthly trainings for the preschool parent group, I also provide training for parents in the community. I teach parent workshops on supporting social skills, creating family rituals and routines, and helping children who are stressed. I facilitate a parent group of children attending the Parent/Child Observation Group offered at Project Enlightenment for six weeks each year. Teacher trainings include social skills, classroom management and creating a school family.

In order to best serve parents and children, I take an integrated approach toward helping them. Building relationships with teachers and children is the foundation of what I do, so I generally form this foundation using child-centered play therapy. After formal and informal assessment is made using information from parents/guardian and child interview sessions as well as collections of information from significant others who work with the child, I will collaborate with the parents to develop a treatment plan for the child. Using a Strengths-Based approach allows me to help families and children understand what is going well in order to have a foundation on which to build. On these strengths, we can collaboratively develop strategies to help children be more successful. When I interact directly with children, I employ child-centered approaches in order to build trust and capacity within the child. When I facilitate child or parent groups or work with parents individually, I often use a Cognitive-Behavioral approach. Finally, an Adlerian approach is also used to more fully understand the social world of the child.

Session Fees and Length of Service

Sessions may range from thirty minutes to fifty minutes in length, with an intake session lasting approximately one and one-half hours.

Fees for all counseling services are due at each session, regardless of the type of insurance you may have. You will be given a superbill form for your convenience in filing insurance claims as well as a reminder for the next session. The superbill form that you receive will have all the information routinely needed for record keeping and for filing insurance claims. Simply attach the superbill to your claim form and submit it directly to your insurance carrier.

Standard Fee Schedule:

Initial Diagnostic Evaluation	\$125
Triple P Program or parent consultation	\$75/session
Individual/Family Psychotherapy	\$90/session
Missed Appointment	\$50
Parent session with/without client	\$90/session
Written Report	\$150
School Consultation	\$100/session plus travel

As an employee of Wake County Public School System's Project Enlightenment, I personally do not charge any fees for service. However, Project Enlightenment charges fees for parent and teacher workshops and the Parent/Child Observation Group. For fees see www.projectenlightenment.wcpss.net. All client narrative records and screening data are property of the Wake County Public School System and may become a part of the client's permanent record. If I feel a diagnosis may be needed, clients are referred to the WCPSS Preschool Special Education services or a community medical professional. I do not make any diagnoses as part of my work at Project Enlightenment.

Methods of payment include cash, check, or credit card due at the time of service

Use of Diagnosis

Some health insurance companies will reimburse clients for counseling services and some will not. In addition, most will require that a diagnosis of a mental-health condition and indicate that you must have an "illness" before they will agree to reimburse you. Some conditions for which people seek counseling do not qualify for reimbursement. If a qualifying diagnosis is appropriate in your case, I will inform you of the diagnosis before we submit the diagnosis to the health insurance company. Any diagnosis made will become part of your permanent insurance records.

Confidentiality

All of our communication becomes part of the clinical record, which is accessible to you upon request. I will keep confidential anything you say as part of our counseling relationship, with the following exceptions: (a) you direct me in writing to disclose information to someone else, (b) it is determined you are a danger to yourself or others (including child or elder abuse), or (c) I am ordered by a court to disclose information.

Complaints

Although clients are encouraged to discuss any concerns with me, you may file a complaint against me with the organization below should you feel I am in violation of any of these codes of ethics. I abide by the ACA Code of Ethics (<http://www.counseling.org/Resources/CodeOfEthics/TP/Home/CT2.aspx>).

North Carolina Board of Licensed Professional Counselors
PO Box 1369
Garner, NC 27529
Phone: 919.661.0820
Fax: 919.779.5642
E-mail: NCBLPC@CapHill.com

Acceptance of Terms

We agree to these terms and will abide by these guidelines.

Client: _____ Date: _____

Counselor: _____ Date: _____